UAE Healthy Future Study

**POSITION TITLE:** Research Assistant

**RESEARCH PROJECT TITLE:** UAE Healthy Future Study

**FACULTY NAME & TITLE:** DR RAGHIB ALI, DIRECTOR, PUBLIC HEALTH RESEARCH CENTER

**RESEARCH PROJECT DESCRIPTION**

Cardiovascular disease and diabetes are extremely common in Abu Dhabi and throughout the Arab world. While cohort studies have made tremendous contributions to scientific knowledge of the epidemiology and determinants of diabetes, cardiovascular disease and cancer, none have been done in Arab populations. To study the causes of these diseases, we are establishing a prospective cohort study - the UAE Healthy Future Study for epidemiologic research. As a large, population-based cohort study, the UAE Healthy Future Study will act as an ‘umbrella’ in that it will enable many research questions to be answered, primarily those looking for associations between exposures (such as physical activity) and outcomes (like diabetes mellitus and CVD). We propose to recruit 20,000 adult subjects from multiple sites including ambulatory care centers, universities and major employers. After providing informed consent, participants will complete a questionnaire, have physical measurements taken and donate biological samples. As the first prospective cohort study in Abu Dhabi, the UAE Healthy Future Study will provide unique and substantive evidence for both lifestyle and genetic determinants of common diseases in the Abu Dhabi population.

**RESPONSIBILITIES OF THE POSITION**

- To assist in the development of participant materials to be used in the cohort study
- To assist in the recruitment of participant
- To assist in the analysis of data from the pilot study

**ESSENTIAL QUALIFICATIONS:**

- Degree
- Good written and spoken Arabic and English

**PREFERRED EXPERIENCE / SKILLS:**

- An interest in health
- Good communication skills
- Enjoys working with people

**APPLICANTS TO PROVIDE:**

1. Statement of interest in the position
2. Transcript of degree(s)
3. CV
4. Two letters of recommendation